

**THE FEELS**

**FEAR**

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**FEAR WAS NEVER SUPPOSED TO BE A PART OF**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*“…God gave us a spirit not of fear but of power and love”* ***2 Timothy 1:7b*** (ESV)

***Genesis 3:10 -*** *He replied, "I heard you walking in the garden, so I hid.* ***I was afraid*** *because I was naked."* (NLT).

**THE** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **TO FEAR IS THE**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **OF GOD. *“****This is my command--be strong and courageous! Do not be afraid or discouraged. For the LORD your* ***God is with you wherever you go****."* ***Joshua 1:9*** (NLT)

*“I lay down and slept, yet I woke up in safety, for the LORD was watching over me. I am not afraid of ten thousand enemies who surround me on every side.”* ***Psalm 3:5-6***

3 **HABITS TO DEVELOP TO COMBAT FEAR:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**GOD.** *I sought the LORD, and he answered me and* ***delivered me*** *from all my fears.* ***Psalm 34:4*** (ESV)

***1 Chronicles 16:11 -*** *Seek the LORD and his strength; seek his presence continually!* (ESV)

**LET GOD’S** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**WORK SET ME AT**

**EASE FOR THE** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.** *You may say to yourselves, "These nations are stronger than we are. How can we drive them out?" But do not be afraid of them;* ***remember well*** *what the LORD your God did to Pharaoh and to all Egypt.*  ***Deuteronomy 7:17-18***(NIV)

***Psalm 66:5 -*** *Come and see what God has done, his awesome deeds for mankind!* (NIV)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**MYSELF TO TRUST GOD.** *But when I am afraid, I will put my trust in you.* ***Psalm 56:3*** (NLT).

*“The LORD is good, a refuge in times of trouble. He cares for those who trust in him,”* ***Nahum 1:7***(NIV)

**YOU CAN TRUST HIM BECAUSE…**

* **He never changes** – ***Malachi 3:6*** - *I the LORD do not change*;

***Hebrews 13:8*** – *Jesus is the same yesterday, today, and forever.*

* **He cannot lie** – ***Titus 1:2*** *“…[God] cannot lie”*
* **He promises to be close in times of danger** – ***Psalm 46:1b*** - *God is our refuge and strength, an* ***ever-present*** *help in trouble.* (NIV)

**THE BLESSINGS OF TRUSTING…**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!”* ***Isaiah 26:3*** (NLT)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *"But blessed is the one who trusts in the LORD, whose confidence is in him”* ***Jeremiah 17:7***(NIV)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ***“****Out of my distress I called on the LORD; the LORD answered me and set me free.”* ***Psalm 118:5*** (ESV)

***2 Chronicles 20:20b*** *"Listen to me, O Judah and inhabitants of Jerusalem, put your* ***trust in the LORD*** *your God and* ***you will be established.”*** (NASB)